

CROWN PREPARATION: Postoperative Instructions

Your tooth has just been prepared for a crown, and a temporary crown has been placed.

It is very important that your temporary crown stays on! The temporary crown protects your tooth and helps it maintain its position. If it comes off, your tooth may shift, and the permanent crown may not fit. Please contact the office to have it re-cemented as soon as possible.

Avoid chewing or biting directly on the treated tooth. The temporary crown is plastic and could break.

Always brush and floss around the tooth. When flossing, pull the floss through instead of upward or downward.

Try to stay away from sticky foods such as gum, caramel, and taffy.

You may experience some temperature sensitivity with the temporary crown; this is not unusual and should be short term. The bite on the temporary should feel normal; if the bite feels “off,” please contact the office for a simple bite adjustment.

You may have some tenderness in the gums around the teeth we worked on for a day or so.

Over-the-counter analgesics usually alleviate the discomfort. We usually recommend **600mg Ibuprofen every 6 hours as needed for pain.**

If discomfort continues, have severe pain, or have any questions, **please do not hesitate to call us.**